



Your pregnancy vaccines timeline

Routine vaccines and when to have them



Seasonal vaccines offered in pregnancy

During autumn and winter, you will also be offered the flu vaccine. You can have it at any stage of pregnancy, the sooner the better

Following this schedule will provide the best protection for you and your baby

Stick this timeline up as a useful reminder

- vaccines in pregnancy help protect babies against different diseases as the protection you develop passes through the placenta to the baby
 - this protection from birth is important as babies are more likely to be very ill and to need hospital care if they catch these diseases in their first weeks and months of life
 - it is important to have your vaccines at the right time in every pregnancy to give you and your baby the best protection, but you can have your vaccines up until you give birth
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- pregnant women and young babies are at higher risk of becoming seriously ill if they catch flu. Getting vaccinated helps protect you and your baby during your pregnancy and continues to protect your baby after they are born
 - these vaccines are offered free by the NHS and are thoroughly tested to assess how safe and effective they are
 - common side effects of vaccines don't usually last long and are mild, including an aching arm, feeling tired and a headache

Speak with your midwife, GP or trusted health professional for more information



Search: NHS vaccinations in pregnancy to find out more

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